



We at Central have made a long-term commitment to support a project in **Mali, West Africa**, through the Methodist Relief and Development Fund.

Any donations received at Oasis will be sent to this valuable project which seeks to empower local women in healthcare and midwifery skills.

We hope you will enjoy your visit to our café, part of this Church's service to the community.

Our products are freshly prepared and we use fairly traded products when possible.



This Church has many other activities, including worship, social events, activities for children and community service.

Please ask if you would like further information.

CENTRAL METHODIST CHURCH WELCOMES YOU TO



Oasis - a place of refreshment and sanctuary

Wednesdays 9.30 - 3.00

- ❖ a welcoming, safe and friendly place
- ❖ high quality snacks and drinks
- ❖ reasonable prices
- ❖ activities programme
- ❖ a quiet room
- ❖ a children's play room
- ❖ a safe space to speak in confidence
- ❖ no-one will force their faith on you

Jesus said, 'Those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' (John 4)

OASIS MENU

SPECIALS - please see board for today's specials:
homemade soup of the day & homemade cake of the day

SOUP OF THE DAY WITH ROLL £2.00

SANDWICHES with salad garnish £2.00

Freshly prepared on white or wholemeal bread
with a choice of the following fillings:
ham, tomato, pickle, red onion, cheese,
ham & cheese or tuna mayonnaise

TOASTIES with salad garnish £2.50

Freshly prepared with fillings as above

JACKET POTATOES with salad garnish
with butter £2.50

with cheese & red onion, tuna mayonnaise,
beans or beans & cheese £2.80

Please stay as long as you like and ask for
free top-ups of tea or instant coffee.

Small portions available on request

We are a small, not-for-profit community project and operate a cash-only policy.

OASIS MENU

CHILDREN'S CHOICE

Roll & cheese spread 60p

Soup of the Day with roll £1.00

Beans on toast 50p

Small jacket potato with any filling £1.00

Beaker of milk 40p

Beaker of squash 30p

LIGHT SNACKS

Beans on toast (2 slices) £1.20

Cheese on toast (2 slices) £1.20

Toast with butter & jam (2 slices) 60p

Toasted teacake 80p

Scone with butter & jam 80p

Cake (see 'Specials' board)

DRINKS

Coffee (cafetière) £1.25

Cappuccino/Latte/Hot Chocolate £1.25

Coffee (mug/cup) 70p

Tea or Speciality Tea (pot) £1.00

Tea (mug/cup) 60p

Squash (per glass) 30p

Some of our products may contain nuts